

Name your emotion with Reflect

Confident	Energized
Excited	Focused
Happy	Fulfilled
Motivated	Grateful
Peaceful	Included
Ambitious	Inspired
Cheerful	Optimistic
Comfortable	Proud
Creative	Successful
Determined	Valuable

Annoyed	Tired
Bored	
Calm	
Confused	
Glad	
Content	
Pensive	
Reserved	
Restless	
Shocked	

Angry	Frustrated
Depressed	Hopeless
Exhausted	Hurt
Lonely	Jealous
Nervous	Miserable
Anxious	Overwhelmed
Apathetic	Skeptical
Concerned	Stressed
Disappointed	Stuck
Frightened	Worthless

