5 things to know about Microsoft Reflect

Reflect is available in Microsoft Teams for Education. This Learning Accelerator empowers educators to help students gain emotional connection and expression.

1. **Create**

Create a Reflect check-in within any Microsoft Teams for Education class. Simply select the Reflect tab and then “New Check-in” to get started.

2. **Develop**

Students use emoji, emotional vocabulary, and the Feelings Monster to represent their feelings and develop social, emotional, and academic skills and self-regulation.

3. **Explore**

Identify and address student well-being needs based on their real-time response data. Explore recent student responses to address needs and develop skills.

4. **Analyze**

Analyze individual student, class, or schoolwide well-being data and trends in Education Insights through a mix of data and visualizations. Dive deep into recent data or spotlight a specific time period to understand trends and inform instructional decisions.

5. **Connect**

Connect with students through Reflect check-ins in Microsoft Teams, PowerPoint, or OneNote Class Notebooks. Reflect has also partnered with popular learning tools including Flip and Kahoot!

Download Teams for Education to get started. Get step-by-step instructions for Reflect. Learn more about Learning Accelerators.